



Coaching Philosophy

A coaching philosophy is a set of values, principles, and beliefs a coach possesses that governs why you do what you do and how you behave in the context of your role as a coach. Articulating your coaching philosophy will help you determine how you can grow as a coach and find a good fit with a mentor.

Please use the prompts below to articulate and develop your coaching philosophy:

As a coach, the most important to me is...

My main objective as a coach are to...

My coaching values, principles, and beliefs include...

The reasons I coach and do what I do include...
