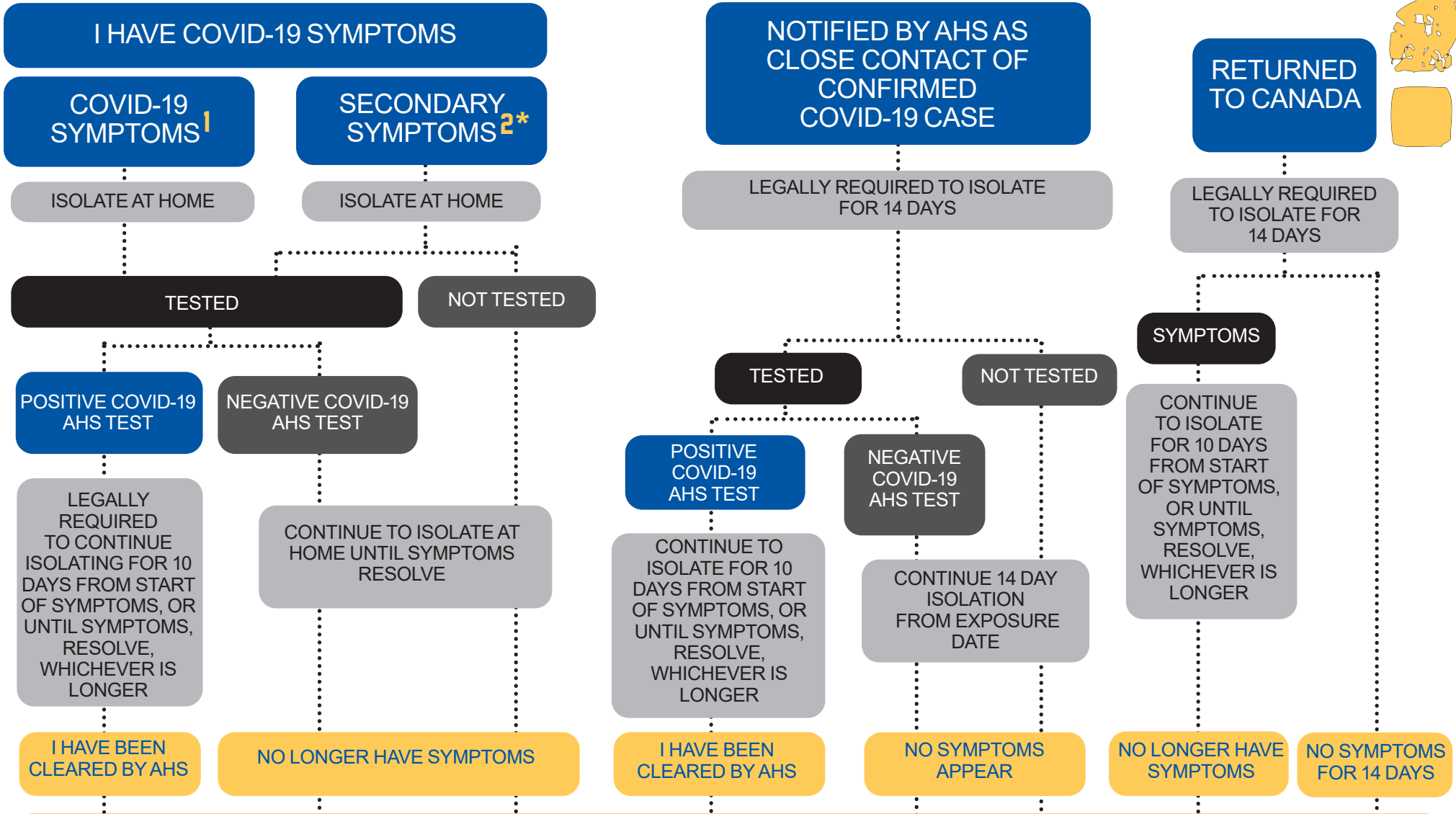




# CAN I PARTICIPATE IN HOCKEY



## RETURN TO HOCKEY

[HOCKEYALBERTA.CA](http://HOCKEYALBERTA.CA)

**1** COVID-19 SYMPTOMS  
COUGH (NEW OR WORSENING), FEVER, SHORTNESS OF BREATH, LOSS OF SMELL OR TASTE

**2** SECONDARY SYMPTOMS  
CHILLS, PAINFUL SWALLOWING, STUFFY NOSE, HEADACHES, MUSCLE OR JOINT ACHES, FATIGUE OR SEVERE EXHAUSTION, PINK EYE, GASTROINTESTINAL ISSUES, RUNNY NOSE, SORE THROAT

**\*** ONLY 1 SECONDARY SYMPTOM, STAY HOME & MONITOR FOR 24 HOURS. IF IMPROVED AND FEEL WELL, RESUME ACTIVITIES. 2 OR MORE SECONDARY SYMPTOMS FOLLOW FLOW CHART